try our **NEW FOOD**

•OUT NOW•

Sous vide house marinated salmon, avo, seaweed, roe, soba noodles, cucumber, finger lime, chilli, edamame, mint, Japanese style dressing **24**

OFONOMIYAKI BENEDICT

Sous vide house marinated salmon, okonomiyaki, kewpie mayo, squid legs, poached egg, roe, hollandaise, soft herbs, corn salsa, katsuobushi (bonito flakes) **22**

SALMON SOBA NOODLA BO





EGGS AS YOU LIKE V gfor

Served on sourdough toast (see extras) Poached (1540kJ) / Scrambled (2000kJ) / Fried (2090kJ)

BREKKIE BURGER

Bacon, fried egg, hash brown, lettuce, house tomato relish, tomato, aioli on a brioche bun (3370kJ) 14 Add cheese (+276kJ) +1 / avo (+994kJ) +2

HOUSE BAKED GRANOLA $\ ^{\nu}$

House baked granola, rose water poached strawberry, coconut chia pudding, deli style yogurt (*2580kJ*) 16

OMELETTE V gfor

Roasted mushrooms, braised tomato, tempura batter bits, chives and mozzarella served with toasted bread (2250kJ) 17 Add chicken (+718kJ) / ham (+453kJ) / smoked salmon (+561kJ) +4 Add sous vide chicken (+718kJ) +5

CRUSHED AVO DELIGHT V gfor

Crushed avo, tomato salsa, green balsamic, poached egg, whipped Persian fetta, chilli, chives with toasted sourdough (2640kJ) 18

ZUCCHINI FRITTERS ^v

Zucchini & fetta fritters, house tomato relish, tomato salsa, chives, whipped Persian fetta, poached egg, fine herbs (1450kJ) 18

GRILLED HALLOUMI BENNY V gfor

Spiced eggplant, tomato, raisin, coriander, grilled halloumi, sautéed kale, Spanish onion, poached eggs, and hollandaise on a toasted English muffin (2340kJ) 18 **Or, swap the halloumi for smoked salmon** (+561kJ) **ham** (2920kJ) **or bacon!** (3210kJ)

VEGAN SAVORY PANCAKE VEGAN gfor

Sesame pancake, slow braised cauliflower, pumpkin falafel, potato, mint coconut yogurt, pomegranate, dill, spring onion (3070kJ) 18

TRUFFLE MUSHROOM BRUSCHETTA V gfor

Mushrooms, avocado, spring onion, chilli, eschalots, truffle, thyme and burrata on toasted sourdough (2630kJ) 19

BREAKFAST GNOCCHI

House made potato gnocchi, roasted tomato, chorizo, chilli, shallots, parmesan snow, poached egg, crispy potato skins (3590kJ) 19 **Or, swap the chorizo for sous vide chicken!** (+718kJ)

OKONOMIYAKI BENEDICT

Sous vide house marinated salmon, okonomiyaki, kewpie ma	iyo,
squid legs, poached egg, roe, hollandaise, soft herbs,	
corn salsa, katsuobushi (bonito flakes) (2720kJ)	22

BIG BREAKFAST

Two eggs your way, chorizo, bacon, hash browns, crushed avo and roasted mushroom with toasted sourdough (4440kJ) 22

ROASTED PUMPKIN SALAD $\,^{v}$

Roasted pumpkin, pepita seeds, whipped Persian fetta, tomato, avo, salad leaf, roasted Spanish onion, balsamic glaze (2300kJ) 17

Add avo (+994kJ)	+4	Add chicken (+718kJ)	+5
Add halloumi (+722kJ)	+4	Add smoked salmon (+561kJ)	+5

v vegetarian option ^{gf} gluten free ^{gfor} gluten free on request The average adult daily energy intake is 8700kJ

PERI PERI CHICKEN WRAP

| ORANGE

Grilled marinated chicken breast, cucumber, corn, onion, lettuce, tomato, house peri peri mayo on a spinach tortilla (2400kJ)

PLEASE ORDER AT THE COUNTER

VEGETARIAN WRAP V

Grilled halloumi, spiced eggplant, lettuce, tomato, coriander, raisin, Spanish onion, aioli on a spinach wrap (2940kJ) 14

PULLED PORK BURGER

6 hour slow braised pork, house spices, tempura onion rings, coleslaw, crunchy lettuce, sriracha mayo on a brioche bun with chips (*5110kJ*) 18

GRILLED WAGYU BEEF CHEESEBURGER

Wagyu beef patty, marinated bacon, lettuce, house relish, tomato, tempura onion ring, special burger sauce and cheddar cheese served on a brioche bun with chips (6090kJ) 19

OPEN STEAK SANDWICH gfor

Grilled scotch fillet, caramelised onion and mushroom relish, fried egg, baby wild rocket, melted cheese, truffle mayo served on sourdough (2700kJ) 19

EBI KATSU BURGER

House prawn katsu, shredded cabbage, house yuzu mayo served on a brioche bun with chips (*4420kJ*) 21

SPECIAL CHICKEN FRIED RICE

Brown rice, sous vide chicken fillet, seasonal veggies, shallots, chilli, furikake, kewpie mayo, house special sauce (2371kJ) 18

SALMON RICE BOWL

Teriyaki marinated salmon, brown rice, edamame, avo, greens, kewpie mayo, furikake, chives (*3850kJ*) 22

BELGIAN CHOCOLATE & NUTELLA PANCAKE

Banana, strawberry, whipped Nutella, vanilla ice crec	ım,
Belgian chocolate sauce (3870kJ)	16

KID'S MENU Served with Kid's AJ (+480kj)	
Kid's Ham & Cheese Toastie (1460kJ)	10
Kid's Chicken Nuggets With chips, tomato sauce (2650kJ)	10
Kid's Spring Rolls Deep fried seafood spring roll, cheese spring rolls, chips, tomato sauce (<i>3620kJ</i>)	11
Kid's Waffle With ice cream, chocolate sauce, strawberries (2780kJ)	10

EXTRAS

Poached Egg (345kJ) / Hash Brown (553kJ) / Roasted Tomato (86kJ)	3	Grilled Halloumi (722kJ) / Smoked Salmon (561kJ)	5
		Grilled Bacon (1310kJ) /	6
Sautéed Kale (67kJ) / Mushrooms (160kJ) / Avocado (994kJ) /	4	Potato Chips (1192kJ)	6
Chorizo (784kJ)		Sweet Potato Chips (809kJ)	7

Please notify staff of any food allergies. To maintain the integrity of the dish, **no changes** to the dish are permitted.



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ARVO MENU

AVAILABLE FROM 2:30PM – 5:00PM WEEKDAYS

PLEASE ORDER AT THE COUNTER

TOASTIES

PULLED PORK

6 hours slow braised pork, house spices, siracha mayo, English cheddar cheese, cabbage on a sourdough bread	14
CHICKEN AVO Sous vide chicken, garlic aioli, avo, corn, chives, English cheddar cheese on a sourdough bread	14
MARINATED BACON & PINEAPPLE House marinated bacon, grilled pineapple, tomato, English cheddar cheese, house special sauce on sourdough bread	14
SPICED EGGPLANT House eggplant relish, baby wild rocket, garlic aioli, English cheddar cheese on a sourdough bread	14

PANCAKES & WAFFLES

LEMON CURD

Lemon curd, crushed pavlova, poached strawberry, vanilla ice cream, toasted pistachio, icing snow	16
BERRIES & NUTS Seasonal berries, vanilla ice cream, roasted nuts, maple, toasted coconut, whipped vanilla ricotta	16
BELGIAN CHOCOLATE & NUTELLA Banana, strawberry, whipped Nutella, vanilla ice cream, Belgian chocolate sauce	16
BELGIAN WAFFLE Seasonal berries, vanilla ice cream, pistachio, caramelized banana, Belgian chocolate sauce	16

v vegetarian option **^{gf}** gluten free **^{gfor}** gluten free on request The average adult daily energy intake is 8700kJ

KID'S MENU Served with Kid's AJ (+480kj)

KID'S HAM & CHEESE TOASTIE

Sliced leg ham and cheddar cheese on sourdough (1460kJ) 10

KID'S CHICKEN NUGGETS With chips, tomato sauce (2650kJ)	10
KID'S WAFFLE With ice cream, chocolate sauce, strawberries (2780kJ)	10
KID'S SPRING ROLLS	

Deep fried seafood spring rolls, cheese spring rolls, chips, tomato sauce (3620kJ)

11

SNACKS

POTATO CHIPS (1192kJ)	6
SWEET POTATO CHIPS (809kJ)	7

DRINKS

BREW BAR

COLD DRIP COFFEE

A slow, four to six hour extracted coffee. Sweet, liquor like flavour with low acidity. Sold in a bottle. Served on ice. 6 (2kj)

HARIO V60

Hario V60 pour over gives the barista complete control over brewing extraction. This produces a clean after taste with a well rounded flavour of our single origin coffee. (2kj)6

ESPRESSO

ESPRESSO		FLAVOURED	
Ristretto (2 <i>kj</i>)	3.7	Chai Latte (910kj)	4.5
Short Black (<i>2kj</i>)		Green Tea Latte (929kj)	
Long Black (<i>4kj</i>)	4.2	Babycino (<i>133kj</i>)	1.5
Macchiato (61kj) Piccolo (197kj) Flat White (451kj)	4.2	upsize +0.7	

upsize +0.7

Latte (541kj) Cappuccino (451kj)

BELGIAN HOT CHOCOLATE / MOCHA

We use Belgian couverture chocolate, high-quality chocolate that contains a higher percentage of cocoa.

HOT CHOCOLAT	E 4.9	МОСНА	4.9
White	(979kj)	White	(937kj)
Milk	(1250kj)	Milk	(933kj)
Dark	(1080kj)	Dark	(924kj)
upsize +1.0		upsize +1.0	

upsize +1.0

Decaf (2kj) / Extra Shot (2kj)	0.5
Almond Milk (231kj) / Soy Milk (361kj)	0.7
FLAVOUR Caramel (270kj), Hazelnut (274kj), Vanilla (274kj), Mint (280kj)	0.7

ORGANIC LOOSE LEAF TEA

Temperature controlled, brewed to perfection. 4.7 **GOOD MORNING** Our luxurious take on English Breakfast Tea (2kj) EARL GREY BLUEFLOWER Ceylon Orange Pekoe Black Tea infused with bergamot (2kj)

GENMAICHA (KYOTO JAPAN)

Brothy Kyoto Green Tea with toasted rice (2kj)

SILVER JASMINE (ZHEJIANG)

Silver tipped Green Tea, infused with jasmine blossoms (2kj)

DIGESTIF

Mint, lavender and fennel seeds to aid digestion (2kj)

HEAL

Lemongrass and ginger blend to restore minerals (2kj)

WHITE PEONY (FUJIAN)

Lightly biscuity White Tea, high in antioxidants (2kj)

MASALA CHAI

Authentic Indian recipe of spices with an Assam Tea base (465kj)

🗳 | ORANGE

PLEASE ORDER AT THE COUNTER

COLD BEVERAGE

Add WHEY Pro	tein (502kj)		2
		40kj) / Salted Carar / or Banana (1290k	
AÇAÍ ⁴ Açaí, blueberry, bl	8.5		
BLACK POTION ^{df} Activated charcoal, blackcurrant, blackberry, cherry, blueberry & banana (<i>1240kj</i>)			8.5
SUMMER SUNSET ^{df} Pineapple, mango, strawberry & kiwi (<i>1290kj</i>)			8
Pineapple, passion	8		
FRUITY SMOOT PASSION TANGO	df		
RED Watermelon	9		
COLD PRESSED JUICE ORANGE Straight orange juice (600kj) GREEN Apple, pear, spinach & kale (830kj)			9
			9
EGYPTIAN ICE Liquid Turkish delig	6		
LEMONGRASS & GINGER Caffeine-free cold tisane with fresh lemon zest (4			02kj) 6
ORGANIC ICED BREAKFAST LEMC Ceylon Orange Pe with fresh lemon ju	DN MINT koe Tea	(611kj)	6
HANDCRAFTEE New Zealand Gold Lychee (712kj) Cranberry & Lime	6.5 6.5 6.5		
White Milk Dark	(3020kj) (2957kj) (2900kj)	White Milk Dark	(2110kj) (2100kj) (2080kj)
ICED CHOCOLATE	-	ICED MOCHA	8
BLENDED Iced Coffee (1700k Iced Chai Latte (91 Iced Green Tea La	i0kj)		7 7.5 7.5
Salted Caramel Af	6		
ICED ESPRESSO Iced Long Black (4 Iced Latte (1050kj) Iced Coffee (1450k	kj)		5.5 5.5 6.5
		_	

Add WHEY Protein (502kj)	2
Add Extra Ice Cream (645kj)	1

^{df} Dairy free

THE AVERAGE ADULT DAILY ENERGY INTAKE IS 8700 KJ